

Multiplex™

Targeted Vitamin and Mineral Complex



DIRECTIONS: Take one (1) capsule twice daily with 8oz of fluid.

Supplement Facts

Serving Size: One (1) Capsule

Servings Per Container: 60

Amount Per Serving		%DV*
Vitamin A (beta carotene & retinyl acetate)	2,500 IU	50%
Vitamin C (as ascorbic acid)	125 mg	210%
Vitamin D (as cholecalciferol)	200 IU	50%
Vitamin E (as d-alpha tocopheryl succinate)	75 IU	250%
Thiamin (as thiamine mononitrate)	15 mg	1000%
Riboflavin (vitamin B2)	17 mg	1000%
Niacin (as niacinamide)	33 mg	165%
Vitamin B6 (as pyridoxine hydrochloride)	8 mg	400%
Folic Acid	300 mcg	75%
Vitamin B12 (as cyanocobalamin)	15 mcg	250%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium pantothenate)	22 mg	220%
Calcium (as calcium carbonate)	50 mg	5%
Iron (as amino acid chelate)	6 mg	35%
Iodine (as potassium iodide)	75 mcg	50%
Magnesium (as magnesium malate)	20 mg	5%
Zinc (as amino acid chelate)	10 mg	70%
Selenium (as selenomethionine)	35 mcg	50%
Copper (as copper amino acid chelate)	1 mg	50%
Manganese (as amino acid chelate)	1 mg	50%
Chromium (as amino acid chelate)	60 mcg	50%
Proprietary Blend	80 mg	†
<i>Hawaiian Spirulina pacifica</i>		
Citrus Bioflavonoid (Citrus spp) fruit complex		
para-aminobenzoic acid (PABA)		
Rose Hips (Rosa canina) fruit		

* Daily Value

† Daily Value not established

Other Ingredients: Gelatin capsule, silicon dioxide, [K0] magnesium stearate, boron citrate, vanadyl sulfate.

Ordering Information

Item # 28039 - 60 ct/bottle

Item # 28040 - 12 for the price of 11

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